

Bucket List

Books

(Grab a copy for the plane, or download the audio version for your road trip!)

- Mastering Respectful Confrontation by Joe Weston
- Why are all the Black Kids sitting in the Cafeteria together? by Beverly Daniel Tatum

Podcast

(Our favorite podcasts, perfect for binge listening)

- Past Evidence Based Birth Podcast episodes
- Birth Allowed from Birth Monopoly

While in LEX

- Visit the Distillery District and eat at one of Rebecca's favorite restaurants: Middlefork or Goodfella's Pizza
- Visit Woodford Trace or Buffalo Trace distilleries
- Visit a thoroughbred horse farm
- Visit the Keeneland horse sales
- Stroll around Triangle Park and Downton Lex
- Tour the home of Mary Todd Lincoln
- Get a selfie with Rebecca for social media

Off the Beaten Path

- Visit Shaker Village of Pleasant Hill
- Visit Fort Boonesborough
- Go hiking at Red River Gorge